

Working Group for Older People

Report to the Neighbourhood Partnership - 7th March 2015

WGOP aims to promote the health, well being and quality of life of older people within the NP3 area.

Pick-Me-Up Activities are for those people in our NP3 partnership who have difficulty in using public transport and who may feel isolated.

Pick Me Up Activities

The WGOP Pick-me-Up outings are much appreciated and considered to be a very worthwhile activity by those who choose to take part and give us feedback. We receive numerous Thank You cards following the outings.

The Pick me Up trip on Wednesday 9 December was to the Wyevale Garden Centre at Congresbury followed by a Festive two course lunch at the Walton Park Hotel, Clevedon and was enjoyed by 43 participants. A raffle and a Christmas Quiz added to the fun.

The next Pick me Up outing is planned for the 16 June. Booking forms will be available shortly and adverts will be on notice boards in the NP3 area and in local publications.

What's On Booklet

The 2015 edition of the Booklet "Activities for the over 55s" in our NP area has been available in the local community facilities in our wards since early September.

The booklet was updated by the WGOP in conjunction with LinkAge using their citywide publication design. This second publication has proved to be very popular with our local libraries calling for additional copies.

The Group is aware of all equality issues whilst planning activities and continues to support the work of Tony Hall of Bristol Dementia Action Alliance and their work in our partnership area. A Happy days Memory Cafe aimed at Carers and people living with dementia has opened at

Westbury Baptist Church, Reedley Road. This cafe compliments the work at Trinity Henleaze United Reformed Church where there is a Memory Cafe and a Singing for the Brain group.

The Constitution of WGOP

The constitution of WGOP is currently in the process of being reviewed.

Future proposed meetings of the Working Group for Older People:

13 April 2016 at 2pm at the Eastfield Inn, Henleaze Road.

The group welcomes volunteers who may be willing to help in any way and welcomes suggestions for start-up activities Please contact Andrew McGrath Tel. 903 6436 or any member of the group if you are interested in our work.

Valerie Bishop

Chairman